



East Herts Health Profile 2011

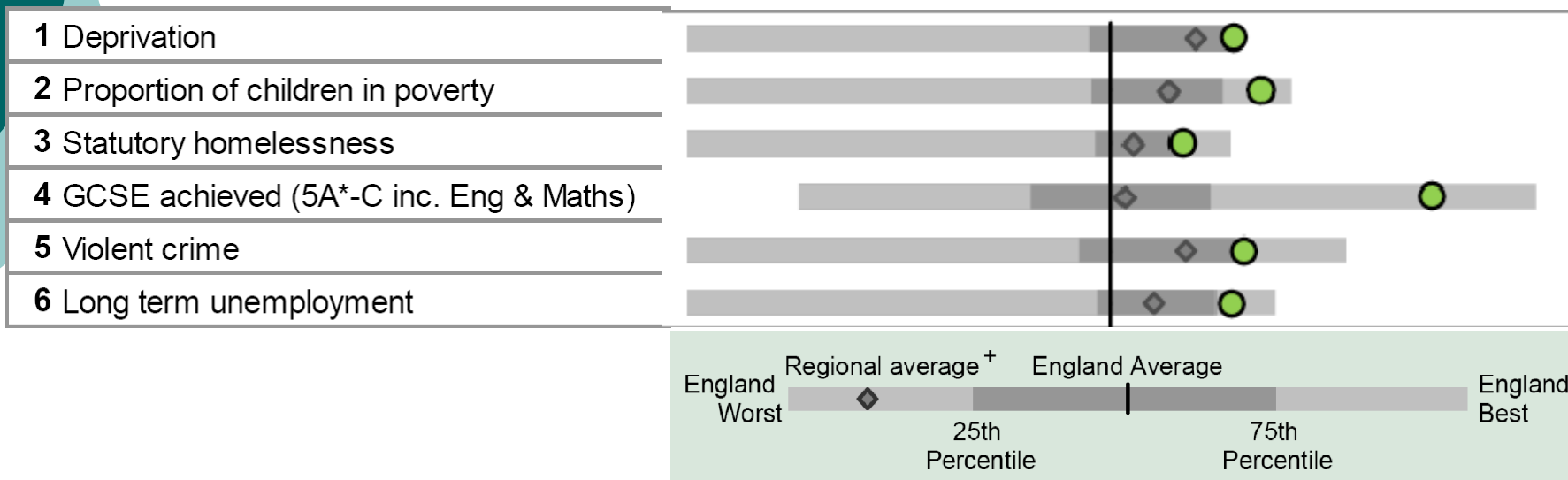
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Overview

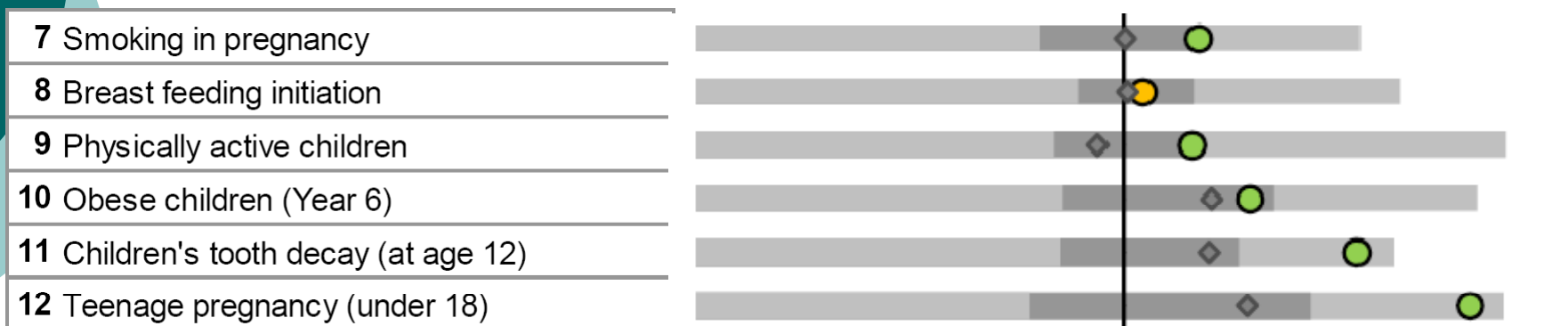
- 32 national indicators provide a snapshot of the health in local authority areas
- Produced to help improve peoples' health and reduce health inequalities
- Five Domains
 1. Our communities
 2. Children's and young people's health
 3. Adults' health and lifestyle
 4. Disease and poor health
 5. Life expectancy and causes of death

East Herts: Our Communities



- No residents in lowest quintile of national deprivation (2007)

East Herts: Children's & Young People's Health



- Physical activity in school children is better than average

- Significantly worse than England average
- Not significantly different from England average
- Significantly better than England average

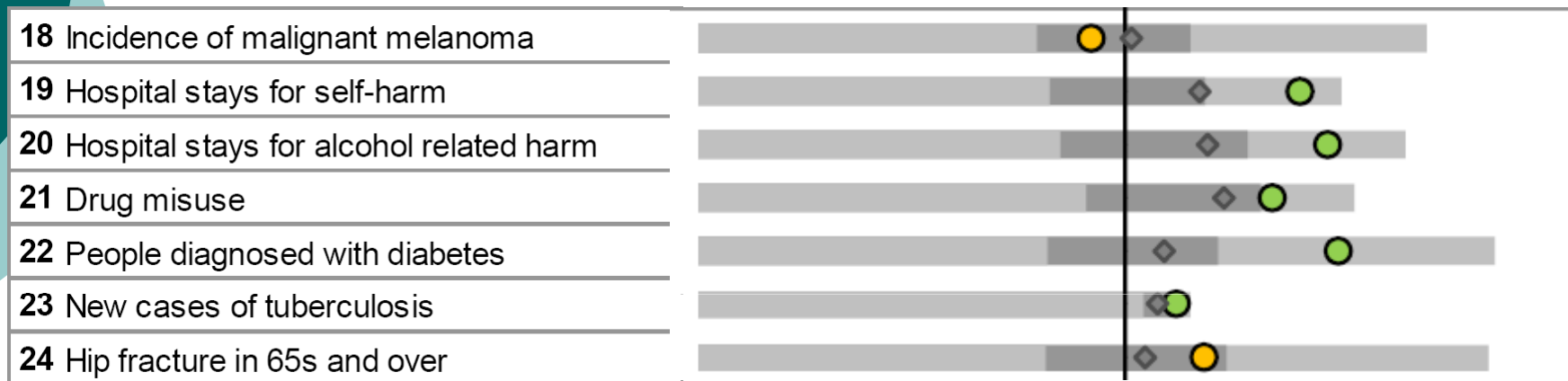
East Herts: Adults' Health and Lifestyle



- Almost one third of adults eat healthily, which is better than average
- 1 in 5 adults binge drink
- Just 1 in 9 adults is physically active

- Significantly worse than England average
- Not significantly different from England average
- Significantly better than England average

East Herts: Disease and Poor Health

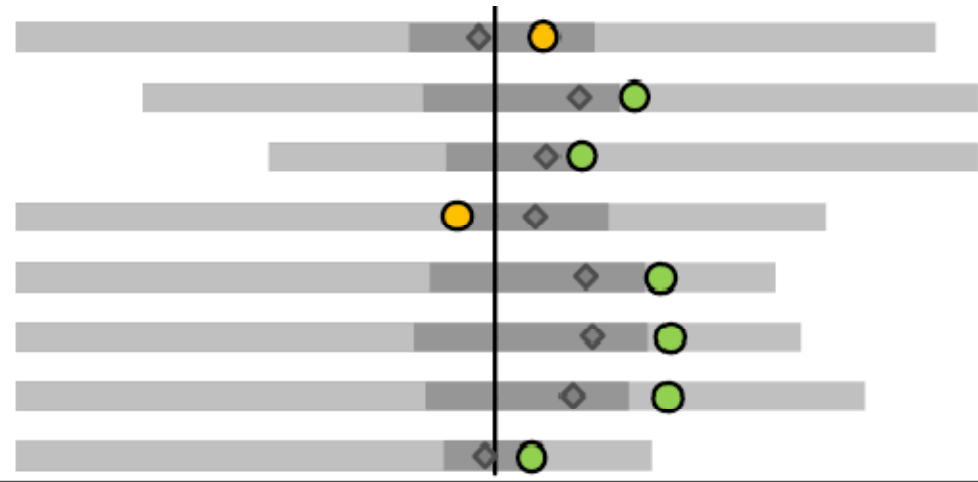


- In 2009/10, in Watford the hip fracture rate in the over 65s was the worst in England (631/100,000) – note that an orange in East Herts needs consideration

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- Not significantly different from England average
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East Herts: Life Expectancy and Causes of Death

25	Excess winter deaths
26	Life expectancy - male
27	Life expectancy - female
28	Infant deaths
29	Smoking related deaths
30	Early deaths: heart disease & stroke
31	Early deaths: cancer
32	Road injuries and deaths



- Life expectancy
 - Men **79.8 years**
 - Women **83.2 years**

Excess winter deaths not acceptable

- Significantly worse than England average
- Not significantly different from England average
- Significantly better than England average



East Herts: Summary

- Health in East Herts is significantly better than the England average
- Deprivation levels are low
- BUT men living in the most deprived areas can expect to live 5 years less and women 4 years less than those living in the most affluent areas
- STILL 153 residents died simply because they smoked



Priorities for East Herts

- Reducing smoking prevalence
- Reducing child and adult obesity
- Tackling health inequalities